

Waxhaw Flyers All Star Cheer

Effective May 1, 2019 WFAC Tumble Program

Please see below for details on each level. All athletes must master ALL class appropriate skills prior to moving to the next skill level, no exceptions. All skills mastered builds to the next skill. Proper form and technique are vital to growth in tumbling and most important, to prevent injury. WFAC staff will communicate level change when applicable.

Class Names and Descriptions:

Beginner Tumble: (ages 4-8 & slower pace)

- Forward roll
- Backwards roll
- Cartwheels
- Round off
- Back walkover
- Front walkover

Level 1:

- Same skills taught in Beginner Tumble
- **ALL** athletes must be over the age of 8

Level 2:

- Standing back handspring
- Round back handsprings
- Multiple handsprings

Level 3:

- Standing Tucks
- Round off, back handspring, tuck
- Round off, double handsprings tuck
- Front punch

Level 4:

- Layouts
- Fulls
- Double fulls
- Front walkover

May Clinics

****May Tumbling Special: Unlimited Tumble \$125 or month**

****Combination package of Unlimited Tumble and Level Clinic: \$150**

Level Clinics:

Level 1 - Monday, May 13th

\$20 - Stunt Clinic: 5-6pm

\$20 - Tumble Clinic: 6-7pm

Package deal of \$35 for both

Level 2 - Tuesday, May 14th

\$20 - Stunt Clinic: 5-6pm

\$20 - Tumble Clinic: 6-7pm

Package deal of \$35 for both

Level 3 - Wednesday, May 15th

\$20 - Stunt Clinic: 5-6pm

\$20 - Tumble Clinic: 6-9pm

Package deal of \$35 for both

Level 4 - Thursday, May 16th

\$20 - Stunt Clinic: 5-6pm

\$20 - Tumble Clinic: 6-7pm

Package deal of \$35 for both

Beginner Clinic - Wednesday, May 22nd

\$20 - Beginner Stunting: 5-6pm

\$20 - Beginner Jumps: 6-7pm

Package deal of \$35 for both

Cheer 101:

1 class - \$10 Wednesday, May 8th: 5-6pm

2 classes - \$15 Tuesday, May 14th: 4-5pm

3 classes - \$25 Thursday, May 16th: 4-5pm

I Can Fly:

Wednesday, May 29th (\$20 per class)

• Level 1/2: 5-6pm

• Level 3/4: 6-7pm

Open Tumble:

May 3rd: 6-7pm

May 24th: 6-7pm

May 17th: 6-7pm

\$10 WFAC athletes

\$20 Non WFAC athletes

May Special Events

WFAC EVALUATIONS

- **May 18th: 10am-12pm**
- **May 20th: 6:00-8:00 pm**
- \$75 evaluation fee
- Practice Bow (included)

Team Reveal, TBD

Bring A Friend Week

- May 20th - May 23rd
- Bring a friend to a tumble free tumble class
- Each friend you bring, your name will be entered into a drawing for a \$25 gift card!

Parents Night Out

- Friday, May 31st
- 7-9pm
- \$25- Includes crafts, cheer, tumbling, pizza, and lots of fun!

Effective June 1, 2019

- **\$80 for 1 class per month**
- **\$115 for 2 classes per month**
- **\$150 Unlimited classes**

We are excited to announce that we will be moving summer/early fall to our new facility located at 136 Waxhaw Parkway. Due to the overhead increases, larger facility, the increase in class availabilities, and much needed new equipment, WFAC will be increasing our tuition for our Tumble Program. This is the first increase in over 3 years.

Please email questions to:

- **Gym Director: Stephanie wfacstephanie@gmail.com**
- **Tumble: wfactumble@gmail.com**
- **Cheer Director: Kayla wfaceer101@gmail.com**